

For a professional, private and effective medical (non surgical) treatment of  
**VARICOSE & SPIDER VEINS**



(Referral appreciated but not required)

c/- Dermotique Clinic  
2 Goondoon St  
**GLADSTONE QLD**

c/- North St Specialist Centre  
71 North St, The Range  
**ROCKHAMPTON QLD**

c/- Exqisit Clinic  
160 Boundary Rd  
**MACKAY QLD**

For enquiries or an appointment please ring

**0401 009405**

[www.legveinclinic.com.au](http://www.legveinclinic.com.au)

Dr Michael Kornfeld

M.B.B.& Melb.

Cosmetic Doctor

General Medical Practitioner

Australasian College of Phlebology

Cosmetic Physicians Society of Australasia

### AT A GLANCE

- Varicose vein disease is a common medical complaint. It is not simply a cosmetic condition, and if left untreated can cause serious complications such as blood clots, varicose eczema, hardening and scarring of the skin and fat, and leg ulcers.
- Phlebologists specialise in the management of varicose veins and can offer you a range of treatment options.
- Phlebologists can also treat more than cosmetic surface spider veins. If you have both varicose veins and spider veins, the varicose veins need to be treated first. Direct injection of spider veins before treating the underlying varicose veins is not considered appropriate treatment.



# LEG VEIN CLINIC

## Sclerotherapy

A popular, safe and effective, walk-in, walk-out procedure ie. non surgical treatment of  
**VARICOSE VEINS & SPIDER VEINS**  
for beautiful legs.

Feeling comfortable to wear shorts or swimwear is a simple choice that you can make.

Replaces the need for vein stripping surgery.

Dr Kornfeld has thousands of satisfied patients with long term, good results over 15 years.

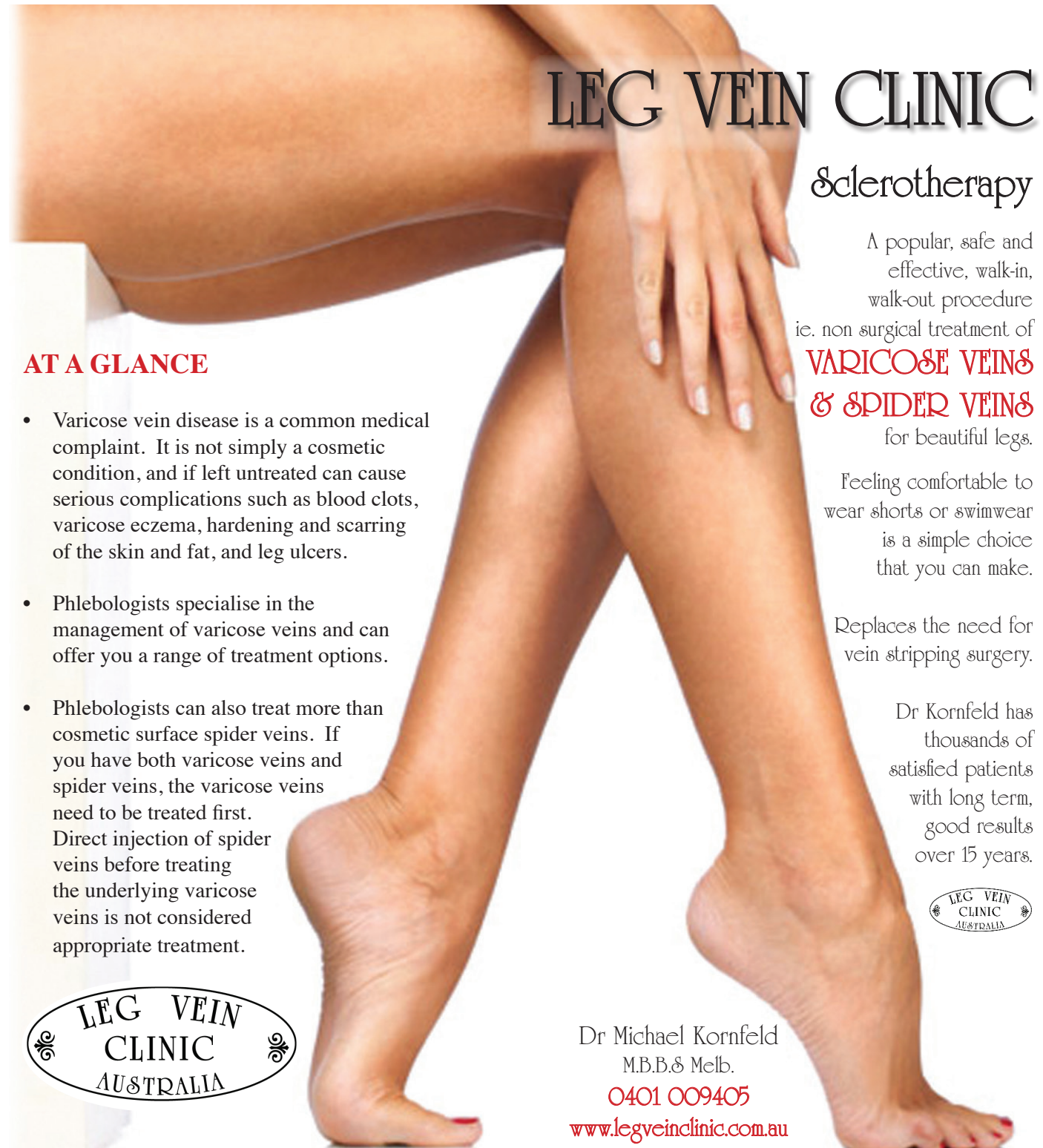


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## WHAT IS SCLEROTHERAPY AND WHAT CAUSES VISIBLE LEG VEINS?

Sclerotherapy is the treatment of veins in the legs and elsewhere by the injection of sclerosing solution into the vein. The treatment is used particularly for varicose (all grades and severity) and spider veins. Doppler/Ultrasound may be required to assess the leg veins before treatment. These visible veins are contributed to by genetics, pregnancy, hormones, prolonged standing, trauma, overweight etc.

### HOW DOES IT WORK?

The sclerosing solution injected into the vein irritates the internal lining of the vessel causing it to swell, stick together and then fade from view over a period of weeks. Ultimately the vessel is broken down and removed by the body's natural cleaning process.

Although dilated blood vessels do carry blood, they are not particularly efficient and are often unnecessary to the circulatory system. The body will have already established alternative routes so the blood is able to travel back more efficiently to the heart. Because of this, these vessels can be treated without damaging the circulatory system, and treatment actually improves venous circulation. The treatment may also relieve any symptoms, such as aching, cramps and itch that the veins may cause.

## WHAT HAPPENS DURING AND AFTER THE TREATMENT?

The treatment is performed while you are lying down. The doctor will guide a very fine needle to the centre of the vein and inject a precise amount of solution into the vessel, sealing the vein off at that point. A cotton dressing is then taped over the treated vein and a compression stocking is worn for a time following the completion of your treatment. The doctor will advise how long these should be worn for at the time of your consultation.

You are strongly advised to walk for a minimum of twenty minutes, twice each day to reduce the pressure on the superficial veins and minimise the risk of side effects following your treatment.

It is best to wear loose slacks or long flowing skirt to your appointment, as they will conceal the compression stocking. It is also a good idea to wear flat or sports shoes so you can walk comfortably after your procedure.

Do not apply any moisturiser/body lotion to your legs on the day of your treatment, nor use tanning products for at least 2 weeks prior to your treatment.

If possible, do not expose your legs to the sun without 30+ Sunblock for at least a week prior to treatment.

## IS THE TREATMENT PAINFUL?

As previously mentioned, sclerotherapy involves multiple injections of sclerosing solution. Although very fine needles are used, injection of the solution may result in temporary stinging sensation.

Pain levels will vary from patient to patient however, if you are particularly concerned please do not hesitate to discuss this with the doctor. Most patients are pleasantly surprised.

## WHAT KIND OF RESULTS AND COSTS CAN I EXPECT?

With most patients, either a single extended treatment session or several smaller sessions usually achieve a 70-90% improvement in the overall appearance of the legs.

The doctor will estimate the costs and *Medicare rebates* at the time of your consultation.



- **Over 15 years experience in the modern technique of Sclerotherapy**
- **More than 12,000 legs treated over this time**
- **Clinic is focused exclusively on the treatment of varicose and spider veins**
- **Usually a leg is treated in only one session, reducing the time the compression stockings are worn**
- **Being based in Gladstone, Rockhampton and Mackay is an advantage for the patients around these areas.**